

# UNIVERSITY HEALTH CENTER (UHC)

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Fax: 301-405-9755  
health@umd.edu  
www.health.umd.edu (<http://health.umd.edu>)

**Director:** Spyridon Marinopoulos, M.D.

## Hours of Operation\*

*Health Center Hours are subject to change. Please visit the University Health Center website (<http://health.umd.edu>) for current information on hours of operation, services, access to care, and other details related to health and wellness.*

## About the University Health Center

The University Health Center (UHC) is a nationally accredited ambulatory health care facility located on Campus Drive (across from STAMP). All registered students living on or off-campus are eligible to use the UHC. The UHC is open during the hours listed above, with varied hours during semester breaks, holidays, and summer sessions. Visit the UHC website (<http://health.umd.edu>) for up-to-date information. **For life-threatening or Mental Health Emergencies, call 911 or 301-405-3333** (University of Maryland Police Department (<https://www.umpd.umd.edu>)). For a list of area hospitals or urgent care centers and their contact information, visit: the Emergencies and After Hours Care page (<https://health.umd.edu/about-us/emergency-and-after-hours-care/>). The After Hours Nurse Line (301-314-9386) is available when the University Health Center is closed.

## Services\*

University Health Center offers comprehensive health services including:

- Acute Care (<https://health.umd.edu/Acute-Care/>)
- Acupuncture (<https://health.umd.edu/wellness-advocacy/acupuncture-and-massage/acupuncture/>)
- Psychiatry and Substance Use Services (PASS) (<https://health.umd.edu/PASS/>)
- Campus Advocates Respond and Educate (CARE) to Stop Violence Program (<https://health.umd.edu/CARE/>)
- Health Promotion and Wellness Services (<https://health.umd.edu/wellness-advocacy/health-promotion-wellness-services/>)
- HIV and STI testing (<https://health.umd.edu/wellness-advocacy/sexual-health-and-wellness/>)
- International Travel/Allergy/Immunizations Clinic (<https://health.umd.edu/index.php/medical-behavioral-health/international-travel-clinic/>)
- Gynecology, Reproductive, Genital, and Sexual Health Services (<https://health.umd.edu/GRGSH/>)
- Lab (<https://health.umd.edu/medical-behavioral-health/laboratory/>)
- Massage Therapy (<https://health.umd.edu/massage/>)
- Nutrition (<https://health.umd.edu/nutrition/>)
- Pharmacy (<https://health.umd.edu/index.php/pharmacy/>)
- Physical Therapy (<https://health.umd.edu/medical-behavioral-health/physical-therapy/>)

- Primary Care (<https://health.umd.edu/index.php/medical-behavioral-health/primary-care/>)
- Sports Medicine (<https://health.umd.edu/sportsmedicine/>)
- Substance Use Intervention and Treatment (<http://health.umd.edu/suit/>) (SUIT)
- X-Ray (<https://health.umd.edu/medical-behavioral-health/x-ray-services/>)

## How to Access Care\*

Students are seen by appointment (<https://health.umd.edu/about-us/appointments/>) for routine care 8 a.m. - 4:30 p.m. on weekdays.

- Some appointments can be scheduled online at [myuhc.umd.edu](http://myuhc.umd.edu) (<http://myuhc.umd.edu>).
- Same-day appointments are available.
- Acute Care Clinic is available. Patients are triaged and seen based on urgency.
- Fees will be assessed if an appointment is not cancelled or rescheduled within:
  - 4 hours for a medical appointment,
  - at least 24 hours for the following:
    - Psychiatry and Substance Use Services (PASS)
    - Physical therapy
    - Travel clinic
    - Nutrition
    - Smoking cessation
    - Massage
    - Acupuncture
- You may cancel or change an appointment on-line at [myuhc.umd.edu](http://myuhc.umd.edu) (<http://myuhc.umd.edu>) or by calling 301-314-8184. Please see our cancellation policy (<https://health.umd.edu/about-us/appointments/>).
- *The UHC and the University assume no financial responsibility for care received off campus.*

## Paying for Your Care

[health.umd.edu/insurance-billing/](http://health.umd.edu/insurance-billing/) (<http://health.umd.edu/insurance-billing/>)

There are charges for almost all services provided at the University Health Center (UHC). We participate with many insurance plans and can bill those plans for our medical services. Your financial responsibility will vary depending on the type of insurance and service provided. We do allow the option to pay for service directly without using health insurance.

- **Patients should always bring their health insurance card to the UHC when seeking care.**
- Patients are to check with their health insurance company and not assume that the health plan will pay for services provided at the UHC as some plans **do not** cover services outside their geographic area.
- We are considered out-of-network with Point of Service (POS) plans.
- We cannot bill HMOs (e.g., Kaiser Permanente), Medicare, or out of state Medicaid plans and non-students with Medicaid.
- The Student Health Insurance Plan (SHIP) covers most services at the Health Center. When utilizing the Health Center, SHIP patients do not have deductibles and no fee is required for covered services.
- Charges not covered by insurance are posted to the student's account with Student Financial Services (<https://billpay.umd.edu/>)

or can be paid at the time of visit in the UHC. Charges can be paid by cash, check, credit cards, or Terrapin Express at the UHC.

The University Health Center Pharmacy (<https://www.health.umd.edu/pharmacy/>) participates with many pharmacy insurance plans.

Psychiatry and Substance Use Services (PASS) (<https://health.umd.edu/PASS/>) and Nutrition (<https://health.umd.edu/wellness-advocacy/nutrition-services/>) services are not billed through insurance.

- Psychiatry and Substance Use Services are available to *registered students only*. There is a fee for each session with a psychiatrist or therapist.
- Nutrition Services are available to students and non-students; there are fees for appointments with the Registered Dietitian.

If you have further questions about fees or using your health insurance at the UHC, you may refer to our Insurance and Billing (<https://health.umd.edu/insurance-billing/>) page for more information.

## Confidentiality

Students younger than 18 years will need permission (<https://health.umd.edu/forms/>) from a parent or legal guardian to be treated, except for mental health and sexual health services. Treatment and visit information will only be given to parents with the student's consent or through a court-ordered subpoena. *If the visit is billed through an insurance policy, the insurance company may send detailed information concerning a medical visit to the policy holder (i.e., parent).*

## Mandatory Health Insurance

[health.umd.edu/mandatory-insurance/](http://health.umd.edu/mandatory-insurance/) (<http://health.umd.edu/mandatory-insurance/>)

**The University of Maryland requires proof of health insurance from the following:**

- Undergraduate students enrolled in 6 or more credits
- Graduate students enrolled in 48 or more units in a semester **or** 36 units in a 12-week term

This is an active process that must be completed each year.

- *Each year*, students who have health insurance can go directly to our Student Health Insurance (<https://health.umd.edu/insurance-and-billing/mandatory-insurance-and-waiver/>) page to learn more about the Student Health Insurance Plan (<https://health.umd.edu/insurance-and-billing/mandatory-insurance-and-waiver/>) and to **complete the insurance waiver process**.
- Students without coverage or those who wish to purchase the student health insurance plan can enroll through a link provided on our Student Health Insurance Plan (<https://health.umd.edu/insurance-and-billing/mandatory-insurance-and-waiver/>) page.

Additional information on student insurance and Frequently Asked Questions (<https://health.umd.edu/insurance-and-billing/mandatory-insurance-faq/>) can be found on the University Health Center's website.

## Immunization Requirements

The University of Maryland requires **all** new students, including graduate and transfer students, to provide *proof of two immunization dates for Measles, Mumps, and Rubella (MMR)*. The Immunization Record Form (<https://health.umd.edu/forms/>) and documentation *must be*

*submitted* online at [myuhc.umd.edu](http://myuhc.umd.edu) (<http://myuhc.umd.edu>) *no later than the first day of class*.

- **In addition to the above MMR requirement, INTERNATIONAL STUDENTS** from selected countries with a high incidence of Tuberculosis must *also* provide documentation of a **Tuberculosis (TB) test** completed within the past six months.
- Maryland State Law requires students living in residence halls to provide proof of vaccination against *meningococcal meningitis* or a *signed waiver* stating that they have chosen not to receive the vaccination.
- Failure to submit a completed Immunization Record Form (<https://health.umd.edu/forms/>) will result in a Registration Block for the future semester and a non-compliance fee may be assessed. The Registration Block will be removed after the Immunization Record has been submitted and processed.

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