EDCP - EDUCATION COUNSELING AND PERSONNEL SERVICES

EDCP101 The Transfer Student in the University (1 Credit)
Support transfer students in making a successful transition to the University. By making students aware of themselves as learners, introducing students to campus resources, and teaching research-based learning strategies, this course empowers students to become active and effective learners.
Credit Only Granted for: EDCP108G or EDCP101.
Formerly: EDCP108G.

EDCP108 College and Career Advancement: Concepts and Skills (1 Credit)
Knowledge and skills designed to enhance college as a learning experience or preparation for life.
Repeatable to: 3 credits if content differs.

EDCP210 Peer Counseling Skills and Mental Health Advocacy (3 Credits)
Introduction to core helping skills in peer counseling settings and three predominant theoretical approaches used in the counseling field (humanistic, psychodynamic, cognitive-behavioral). The course also explores mental health stigma and advocacy. Students will build an understanding of the practical application of underlying principles and theory in counseling and the helping professions, while exploring their own, and societal, biases, assumptions, and attitudes toward mental health.
Restriction: Must not have completed EDCP310; and must not have completed PSYC433.
Credit Only Granted for: EDCP210, EDCP310, or PSYC433.

EDCP220 Introduction to Human Diversity in Social Institutions (3 Credits)
This highly-interactive format focuses on individual and social identities in the U.S., group differences and intergroup relations, systems of privilege and oppression, and advocacy for social justice. Topics will include diversity related to race, ethnicity, gender, sexual orientation, social class, (dis)ability, and religion. Course fulfills CORE requirements in diversity, social/behavioral bases, and interdisciplinary study. Some sections restricted.

EDCP230 The Science and Practice of Happiness and Psychological Well-Being (3 Credits)
An introduction to theory and research on positive psychology, subjective well-being, and the psychology of happiness. This will include examination of hedonic and eudaimonic models of well-being and sociocultural understandings of happiness, together with how it relates to health, relationships, money, religion, work, and social media. Students will also explore common misconceptions and myths about happiness and well-being and will engage in a variety of activities designed to deepen their understanding of happiness in their own lives and broader societal trends related to well-being.

EDCP298 Special Problems in Counseling and Personnel Services (1-3 Credits)
Individual instruction in special problems related to counseling, student leadership, and college student development.
Restriction: Permission of EDUC-Counseling, Higher Education and Special Education department.

EDCP325 Substance Use and Abuse in American Society (3 Credits)
Incidence, etiology, effects and management of substance use and abuse from perspective of the individual, the family, and society.

EDCP386 Experiential Learning (3-6 Credits)
Restriction: Permission of EDUC-Counseling, Higher Education and Special Education department; and sophomore standing or higher.

EDCP411 Principles of Mental Health (3 Credits)
Mechanisms involved with personal adjustment, coping skills, and the behaviors that lead to maladjustment.
Prerequisite: 9 semester hours in the behavioral sciences; or permission of Counseling, Higher Education and Special Education department.

EDCP420 Advanced Topics in Human Diversity and Advocacy (3 Credits)
This course will build upon students' knowledge of diversity in American society and will examine contemporary topics related to multiculturalism in educational and community contexts as well as strategies for advocacy in such venues.

EDCP489 Field Experiences in Counseling and Personnel Services (1-4 Credits)
Planned field experience in education-related activities. Credit not to be granted for experiences accrued prior to registration.
Restriction: Permission of EDUC-Counseling, Higher Education and Special Education department.

EDCP498 Special Problems in Counseling and Personnel Services (1-3 Credits)
Available only to major students who have formal plans for individual study of approved problems.
Prerequisite: Available only to major students who have formal plans for individual study of approved problems.
Restriction: Permission of EDUC-Counseling, Higher Education and Special Education department.

EDCP499 Workshops, Clinics, Institutes (1-6 Credits)
The following type of educational enterprise may be scheduled under this course heading: workshops conducted by the Department of Counseling and Personnel Services (or developed cooperatively with other departments, colleges and universities) and not otherwise covered in the present course listing; clinical experiences in counseling and testing centers, reading clinics, speech therapy laboratories, and special education centers; institutes developed around specific topics or problems and intended for designated groups.
Repeatable to: 6 credits.