

COUPLE AND FAMILY THERAPY, MASTER OF SCIENCE (M.S.)

Non-Thesis option: 45 credits

Thesis option: 51 credits

Students in the non-thesis option must complete a total of 45 credits. Students in the thesis option must complete 51 credits including six credits of FMSC799 (<https://umd-curr.courseleaf.com/search/?P=FMSC799>), and successfully pass the written and oral defense of the thesis.

Supervised client contact begins in the student’s first semester. Clinical students are required to gain 400 hours of face-to-face client contact, and 250 of these hours must be relational (with couples or families). The Center for Healthy Families, the couple and family therapy clinic operated by the Department, offers the opportunity to gain these hours. Clinical students receive 100 hours of supervision, both individual and group, for their client contact hours. Supervision in the Department’s clinic is provided through a range of techniques including case discussion, one-way mirror observation, video review, co-therapy, and telephone consultation during live sessions. Students may choose to do some of their clinical work in a variety of available externship sites in the local area.

Course	Title	Credits
Core Requirements		45
SPHL600	Foundations of Public Health	3
FMSC640	Family Therapy: Theory and Techniques	3
FMSC650	Ethical, Legal, and Professional Principles in Couple and Family Therapy	3
FMSC658	Supervised Clinical Practice in Couple and Family Therapy	9
FMSC610	Research Methods in Family Science	3
FMSC651	Treatment of Emotional and Mental Disorders in the Family Context	3
FMSC745	Diversity and Social Justice In Couple and Family Therapy	3
FMSC645	Sexuality: Issues in Family Therapy and Service Delivery	3
FMSC654	Clinical Marriage and Family Therapy Practice	3
FMSC641	Couples Therapy, Theory, and Techniques	3
FMSC642	Individual and Family Development Across the Lifespan	3
FMSC652	Psychopathology and Diagnosis in Family Systems	3
FMSC653	Advanced Application of CFT Models and Techniques	3

Thesis Option 51

Students who elect to qualify for licensure to practice in the State of Maryland must complete 60 credits. Therefore, students who are interested in completing the thesis option must complete 6 credits of FMSC799 and 9 credits from the list of electives below. Students who elect to complete the non-thesis option must complete 15 credits from the list of electives below for a total of 60 credits.

Other courses with permission of program director

FMSC799	Master’s Thesis Research	
Electives (Optional)		
FMSC630	Family Therapy with Children and Adolescents	3
FMSC631	Trauma & Addiction in Family Life	3
FMSC632	Testing and Assessment in Couple and Family Therapy	3
FMSC635	Relational therapy with Gender and Sexual Minorities	3
FMSC460	Violence in Families	3